



# The HOT SHEET

March 2023 Edition

[Http://heatoptimistclub.org](http://heatoptimistclub.org)

The HEAT Hot Sheet Newsletter is a publication of the Tucson HEAT Optimist Club which is a member of the Raytheon-Tucson Employees Association Membership (R-TEAM).

Please send your news items to [heatoptimistclub@gmail.com](mailto:heatoptimistclub@gmail.com)

## Announcements & Events

1st Thursday - Board Meeting, 6:00 PM  
3rd Thursday - Club Meeting, 6:00 PM

*We typically meet in person at Denny's on Old Vail Road with a hybrid Zoom option. Email us for more information!*



- **March**  
Mar 24-26—4th Avenue Street Fair water sales
- **April**  
Apr 1—District Oratorical Contest  
Apr 1—District Quarterly Conference, Tucson  
Apr 15—HEAT Optimist Golf (HOG) Tournament

## President's Corner

Hello Friends,

We are looking forward to an exciting year and hopeful about new connections, plans and activities. Optimist International has also opened up their leadership training modules to *all* Optimist members, not just officers. Learn more at <http://optimist.org>.

The HEAT Optimist Golf (HOG) Tournament has been tentatively scheduled for April 15th at Forty-Niners Golf Club. [Click here](#) for more details. If you golf, we hope you'll join us! If you don't, we appreciate volunteers!

If you know any police officers, teachers or students who deserve some extra support and recognition, please let us know.

Thank you for all that you do to help us bring out the best in our community!

Sincerely,

*Laura Vitkus, President*



## Recent Events



How to increase water sales at the Street Fair:  
wear your bellydancing costume!

Laura Vitkus, Lykiska  
Tribal Bellydancing



Keeping the Boy  
Scouts fueled at  
the Pinewood  
Derby  
concessions.

Friendly Faces spreading good cheer at the gift  
wrapping station, Park Place Mall.

Laura Vitkus, HEAT Club President  
Anne McBride, HEAT Club past-President



### OPTIMIST CREED

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



HEAT Optimists representing at the Empire High School Car Show and welcoming new member, Paris Rebl

### Community Visibility

We made many friends and new connections at  
Vail Pride Day 2023



**WOW**  
Welcome Optimists Worldwide

Marketing kits are available! Includes a personalized tablecloth for a 6' table, (2) brochure holders, (1) document holder (8 1/2 x 11), personalized clipboard, mini office kit, (4) pens, (3) sheets of personalized business cards, all in a personalized tote.

Cost: \$100 (All kits must be paid for in advance before we start production.)

[Register and pay here.](#)

## "Bringing Out the Best" Thrift Store Now Open!

### HOURS:

Tuesday—Friday	10:00-5:00
Saturday	10:00-4:00

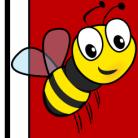
Volunteer opportunities are available and donations are being accepted at thrift store building.

Location: 5320 E. Speedway Blvd, Tucson.

Learn more: <https://bringingoutthebest.org/>



### Report from Arizona District



Welcome New Optimists!  
Check out the [training video!](#)

### Dates to Remember

- **April 1, 2023:** District Conference, Tucson
- **June 17, 2023:** District Conference, Phoenix
- **July 3-5, 2023:** Optimist International Conference, Arlington, VA

Quarterly conferences are a great way to engage with fellow Optimists throughout the state!

**We hope to see you there!!**