



# The **HOT** SHEET

**October 2022 Edition**

[Http://heatoptimistclub.org](http://heatoptimistclub.org)

The HEAT Hot Sheet Newsletter is a publication of the Tucson HEAT Optimist Club which is a member of the Raytheon-Tucson Employees Association Membership (R-TEAM).

Please send your news items to [heatoptimistclub@gmail.com](mailto:heatoptimistclub@gmail.com)

## Announcements & Events



1st Thursday - Board Meeting, 6:00 PM  
3rd Thursday - Club Meeting, 6:00 PM

*We often meet in person at Denny's on Old Vail Road with a hybrid Zoom option. Email us for more information!*

### November

- Nov 12: District Meeting, Winterhaven, CA (near Yuma)

### December

- Dec 3: Holiday Party, Home of Laura & Dave Vitkus
- Dec 9: Kohl's Kids Shopping Spree
- Dec 9-11: Street Fair
- Dec 10-25: Gift Wrapping

## President's Corner

Hello Friends! I am honored and excited to have been elected President this year. Although I am relatively new to Optimists (joined in 2019) I plan to continue the momentum that our HEAT Optimist Club has built. I hope to grow our membership and expand our reach into the community.

I have lived in Tucson since 2009. Both of my kids graduated from Vail schools. I have professional experience in event planning, community outreach, and website design, to name a few. I currently work as the Director of Partner Engagement for the Arizona End of Life Care Partnership at the United Way of Tucson and Southern Arizona.

We are actively planning our holiday activities and our busiest season of the year. See our events listing for details. We welcome opportunities to table at community events, so please reach out if you have any ideas.

Finally, I am delighted to have Stephanie McKerchie as my Vice-President this year. Together, we can make a difference and bring our Club to new levels. We hope you will join us!

Thank you for all that you do to help us bring out the best in our community!

Sincerely,

*Laura Vitkus, President*



## Recent Events



Congratulations to  
**Satu Pajkos**

Student Appreciation and  
District Oratorical Winner!

### *Respect for Law*

Congratulations to  
Officer Richard  
Valentine, Tucson  
Police Department!



### **New District Officers**

HEAT continues to make a difference!

Co-Governors-Elect:

Anne McBride, Esther Marie Hillman

Zone 4 Lt. Governor

Laura Vitkus



HEAT gathered on October 1st to sew pillowcases for Diamond Children's Hospital. Let us know if you're interested in sewing with us!



### **Seeking Connections!**

We are interested in connecting with organizations and parents of school-aged kids or people who work in the Vail School District. Please help us get in touch with people you know!



### **OPTIMIST CREED**

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



## Notes from our Past President, Anne McBride

It has been an interesting two years as President of the HEAT Optimist Club.

We have emerged from a state of lockdown to resuming our lives in person. I am proud that our Club has continued to meet and be effective through the pandemic.

Some of our major accomplishments this past year were record-breaking sales at last year's gift wrapping during the holidays, a successful HOG Golf Tournament, lots of progress with the Bringing Out the Best thrift store, and our local Oratorical contestant, Satu Pajkos, advanced to the regional contest in St. Louis! It's been a great year, to be sure.

We were also very excited to have had Laura Vitkus serving as Vice President in her year of preparation to be President. She has met this challenge head-on in true optimist fashion and kept us on track even though many members have had challenges in their lives.

We are looking forward to this year with Laura to lead us and with an extra bonus! She was appointed as Lt. Governor for our zone too! She brings her natural enthusiasm and good humor to these roles, as well as her leadership skills and ability to motivate others. She is a breath of fresh air to our club and I anticipate another great year ahead!

Yours in Optimism,

*Anne McBride, President 2020-2022*

## WOW

### Welcome Optimists Worldwide

Marketing kits are available! Includes a personalized tablecloth for a 6' table, (2) brochure holders, (1) document holder (8 1/2 x 11), personalized clipboard, mini office kit, (4) pens, (3) sheets of personalized business cards, all in a personalized tote.

Cost: \$100 (All kits must be paid for in advance before we start production.)

[Register and pay here.](#)

## "Bringing Out the Best" Thrift Store Now Open!

### HOURS:

Tuesday—Friday	10:00-5:00
Saturday	10:00-4:00

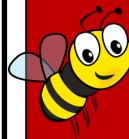
Volunteer opportunities are available and donations are being accepted at thrift store building.

Location: 5320 E. Speedway Blvd, Tucson.

Learn more: <https://bringingoutthebest.org/>



## Report from Arizona District



**Welcome New Optimists!**  
Check out the [training video](#)!

### Dates to Remember

- **November 12:** District Conference, Winterhaven, CA (outside Yuma)
- **May 20, 2023:** District Conference, Phoenix
- **July 3-5, 2023:** Optimist International Conference, Arlington, VA

Quarterly conferences are a great way to engage with fellow Optimists throughout the state!

**We hope to see you there!!**